

# The Four Stages of Child Restraint Use



## Stage One: Rear-Facing Infant Seat

- 0 – 10 kg (22 lb.)
- Birth to approximately 1 year old



## Stage Two: Forward-Facing Child Seat

- 10 – 18 kg (22 – 40 lb.)
- Approximately 1 to 4 ½ years old



## Stage Three: Booster Seat

- 18 – 36 kg (40 – 80 lb.)
- Approximately 4 ½ to 8 years old



## Stage Four: Seat Belt

- Over 36 kg (80 lb.)
- Approximately 8 to 12 years old

**NOTE:** Placement of car seats should always be in the back seat of the vehicle