To experience healthy development, and create a sense of their own self worth, children need to have roots and feel they belong to a family that cares for them. Individuals and couples who can't have children of their own often want to adopt children. Parents who already have children may want to adopt to enlarge their families.

### Learn more about us

members, foster parents Staff and volunteers are available to

speak to community groups and professionals about child welfare issues and the work of the Society.

## For more information about our organization see contact information on back.

Highland Shores Children's Aid is a not-for-profit agency that protects children from physical, sexual, and emotional abuse and neglect.

We keep children and youth safe, help parents build healthy families, and provide safe, nurturing environments for young people who can't live at home because of family problems.

# Contact us

### Bancroft

16 Billa Street. Suite 104 P.O. Box 837 Bancroft, ON K0L 1C0 Tel: 613-332-2425 Fax: 613-332-5686

### Belleville

363 Dundas Street West Belleville, ON K8P 1B3 Tel: 613-962-9291 Fax: 613-966-3868

### Coboura

1005 Burnham Street Cobourg, ON K9A 5J6 Tel: 905-372-1821 Fax: 905-372-5284

### Picton

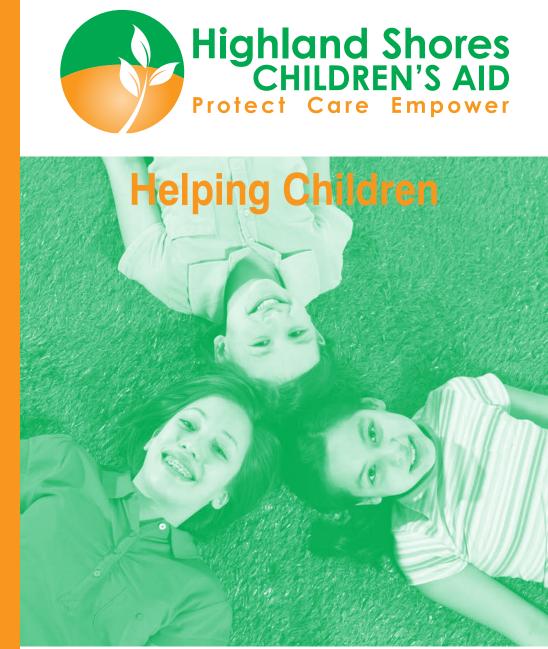
16 MacSteven Drive Picton, ON K0K 2T0 Tel: 613-476-7957 Fax: 613-476-2316

Toll-free: 800-267-0570 www.highlandshorescas.com info@highlandshorescas.com

Highland Shores Children's Aid serves the counties of Hastings, Northumberland and Prince Edward.







Protecting children and helping build healthy families

June 2018

### A history of compassion and care

Our dedicated group of professionals and volunteers carry on the tradition of care and compassion toward children started by concerned citizens over a century ago.

Today the government of Ontario funds us for child protection services we're required to provide by law.

# Keeping children safe by supporting healthy families

Raising children is not easy. Even in the best of circumstances it's a job that takes a lot of time, energy and patience.

It's even harder when you have to cope with serious problems like poverty, unemployment, inadequate housing, ill health, relationship breakdown, or the challenge of caring for children with physical, emotional or developmental difficulties.

Families in these circumstances come under a lot of stress. This can harm family relationships, and distressed parents may abuse or neglect their children. Sadly, the cycle of abuse often perpetuates itself - with abused children becoming abusive adults.

# **Prevention is key**

We believe that the best way to deal with child abuse and neglect is to prevent it. That's why we encourage people to contact us before their family problems get out of control. We can help them through the rough times, and support and strengthen their family so they're able to parent their children safely.

# Child protection is our responsibility

Child protection is our ultimate responsibility. Therefore, Highland Shores Children's Aid must intervene in any situation where a child under 16 has been, or is, threatened with physical or emotional harm, sexual abuse, or neglect.

Because children are almost always better off growing up in their own homes, we try to keep families together whenever we can. Most of the families we work with receive help through counselling and various support services to create safe homes for their children.

If that fails, we may seek a court order to supervise children in their own homes, or place them in an alternate home.

## We are here to help

If you are having difficulties caring for your children, help is available through Highland Shores Children's Aid and other community agencies.

We'll help you learn how to provide a safe and loving environment for your children and help you to deal with problems such as anger and stress. We can also teach you new ways to deal with problems, and help you develop skills for handling crises.

It's always better to get help early, before your problems get worse. Regardless of your background, help is available 24 hours a day, seven days a week.

If you're worried about your children, or someone else's, don't hesitate to contact us.

## Providing a safe place for children

When parents are unable to safely care for their children, we find places for their children in the homes of friends or relatives, in foster homes, or in other kinds of residences. Some of these residences are managed directly by the Society, and some by other community agencies.

Placements are usually short-term and most children are returned to their homes when their family situation improves. In the meantime, we help parents learn how to provide better care for their children. In some cases, however, children need to be placed permanently away from home. Whenever possible, we try to arrange adoptions. If adoption is not feasible, we strive to keep the child in touch with his or her family if this is in the child's best interests.

# Leaving our care

We began as a volunteer organization, When young people are ready to and we couldn't reach the children who leave Society care, we help them need our help today if it weren't for the learn important life skills so they can efforts of our dedicated volunteers. manage on their own. When adopted children grow up, we can arrange for

Our volunteers create a vital link them to meet their birth parents, if both between the Society and the parties agree. community we serve. Some volunteers develop supportive relationships with You can help keep the children and families by becoming children safe special friends or tutors. Others participate in children's groups, take Here is what you can do to protect part in programs that benefit both children from abuse and neglect. Be children and their parents, help with aware of your duty to report a child's driving, or serve on our Board or need for protection - and act on it! committees.

Children are dependent on adults for love, support and nurturing. Therefore we're all responsible for protecting them from abuse; whether by a parent, friend or stranger.

Foster parents are special individuals sibling, babysitter, relative, family or couples who have the time, understanding, and patience to provide safe, stable and caring If you think a child is being abused or homes for children and youth who neglected, it's your legal duty to report can't live with their parents because the situation to a Children's Aid Society, of family problems. Foster parents even if you've already reported it on a also contribute to the physical and previous occasion. emotional growth and development of the foster children in their care.

You're protected from any kind of legal Adopt a child action, provided the report is not a deliberately false accusation. For the child's sake, you should report the Adoption is the legal process that situation without delay by contacting gives a new family to a child whose Highland Shores Children's Aid birth family can't care for him or \_ phone lines are open 24 hours a day. her. Adopting a child is a life-long commitment. seven days a week.

## **Become a volunteer**

## Consider becoming a foster parent